

Supporting a Healthy Lifestyle:

As children head back to school, PBS KIDS is making it easy for families to stay healthy and active with the PBS KIDS Eat Smart for a Great Start initiative. To help start the school year off right, PBS KIDS has developed themed television programming, online content, and partnerships with Allrecipes.com and Produce for Kids® -- to provide kids and parents with resources that support health and physical activity. These resources are available on <http://www.pbs.org/parents/food-and-fitness/eat-smart/>

The following programs will also air: SESAME STREET: What are Super Foods? Join Elmo and the Sesame Street gang as they learn.

4230 - Saved by Super Foods! (Tuesday, September 13, 2011)

4254 - The Cookie Touch (Wednesday, September 14, 2011)

4232 - Veggies Revolt (Sunday & Monday, September 18 & 19, 2011)

Click here to find the PBS station in your area, and to see scheduled show times:

<http://pbskids.org/tvschedules/stationfinder.html>